



**Cornish**  
holiday cottage

POLMARK

GUEST HEALTH AND SAFETY GUIDELINES

### FIRE SAFETY

On arrival, please familiarise yourself with the property and pay attention to all exits, location of fire fighting equipment (fire extinguishers and fire blankets) and the location of any emergency lighting / torches.

In the event of a fire at the property, raise the alarm, shout "Fire" and proceed to your nearest exit.

Call the emergency services on 999 and ask for the fire brigade.

Do not stop to collect your belongings or attempt to tackle the fire yourself.

Remain a safe distance from the property while you wait for the fire brigade.

Do not attempt to re-enter the building until you are advised to do so.

### SMOKING/CANDLES

All Cornish Holiday Cottages have a strict no smoking and no candles policy, this includes naked flames of any kind.

### ELECTRICS

Please ensure that any sockets in use are switched off before items are plugged in or unplugged, and that any non-essential items are turned off when not in use. Please do not use block adaptors or extension leads. Guests are permitted to use their own electrical equipment at their own risk. Any visible defects on electrical items should be reported to Cornish Holiday Cottage and removed from use until said items have been repaired or replaced.

### SCALDS AND HOT SURFACES.

Please employ caution when using hot taps, showers, baths, ovens, hobs, kettles and other hot surfaces. Always test the temperature of any water before using. Ensure everyone in the party is aware when the oven, hobs or fire are in use as the heat may not always be visible. Take care touching radiators or water pipes if the central heating is on and ensure children or vulnerable people are supervised at all times.

### SLIPS, TRIPS AND FALLS.

Please ensure that any spillages are cleaned up immediately so as to prevent any slips or falls. Take care on any stairs or steps and use the handrails and lighting provided at all times.

Please do not create a trip hazard by leaving cables trailing.

### DAMP/MOULD

Please help us to combat damp and mould spots by drying clothes and towels outside where possible, and opening windows regularly to allow air to circulate.

### WORKING AT HEIGHT

All tasks that involve working at height are strictly prohibited to guests. Please inform Cornish Holiday Cottage if you encounter a situation that requires high level maintenance. Under no circumstances should chairs or furniture be used to reach high level areas.

### SECURITY

Please ensure that all doors and windows are closed and locked when you leave the property, and the keys are securely placed back in the key safe with the numbers jumbled.

### BLINDS

Please keep all blind cords stowed away and out of the reach of children as they can be a hazard.

### WATER

If there are any bodies of open water close to the property, please ensure that children and vulnerable people are supervised at all times. Follow the safety guidelines in place and never enter the water unless you are sure it is safe to do so.

## USE OF LOG BURNER

Please supervise at all times, never leave a fire unattended. Please exercise caution when using the log burner. These can create a significant fire risk if not used correctly. Never burn rubbish or use gasoline or other flammable liquids to start a fire and always ensure the door is shut when the fire is burning. Never leave children or vulnerable people unattended when the log burner is in use.

Steps for the best way to light a log burner:

1. Create a pile of kindling: Start with 2 pieces of kindling on the bottom then turn another 2 pieces 90 degrees on top of them. keep repeating this, stacking them up like a game of Jenga.
2. Now light 2 or 3 firelighters and drop these in the middle of the kindling stack created.
3. From here it's best to leave the door slightly ajar, allowing extra air into the stove. Keep the vents fully open too to ensure the kindling will catch fire. After 5 minutes the chimney will begin to warm up.
4. At this point it's important to build the fire up slowly. Add two small logs on top of the kindling while still leaving the door ajar.
5. After around 10 minutes add one standard sized log on the fire and still keep the door ajar as this will help the log catch fire.

Your stove should now be just about getting up to temperature.

6. Finally, after another 10 minutes add another standard log. You can now close the door and control the stove by the airflow vents. But make sure don't completely close the vents straight away as the flue still needs warming before being able to do this.